



PATRIOT ATHLETIC LEAGUE BAT RULES (As of Mar 14, 2023)

A. The bat must be a baseball bat which meets the USA Baseball Bat standard (USABat) as adopted by Little League. It shall be a smooth, rounded stick, and made of wood or of material and color tested and proved acceptable to the USA Baseball Bat standard (USABat).

B. Non-wood and laminated bats used in the Majors (12U) and below, and Junior League (15U) divisions shall bear the USA Baseball logo signifying that the bat meets the USABat – USA Baseball’s Youth Bat Performance Standard. **All BPF – 1.15 bats will be prohibited.** Additionally, the bat diameter shall not exceed $2\frac{5}{8}$ inches for these divisions of play.

C. Bats meeting the Batted Ball Coefficient of Restitution (BBCOR) standard may also be used in the MAJOR Division (12U, 50ft pitching dist/70ft base paths) and Junior divisions (14U).

1) Tee Ball: Under the USABat standard, certified Tee Ball bats (26” and shorter) will feature the USA Baseball mark and text which reads **ONLY FOR USE WITH APPROVED TEE BALLS.** All Tee Ball bats must feature the USA Baseball mark and accompanying text.

2) Machine Pitch: USABat Standard and marked with the USA Baseball logo. T-ball bats are authorized for use but not recommended.

3) AAA 10U: It shall not be more than 33 inches in length; nor more than $2\frac{5}{8}$ inches in diameter, and if wood, not less than fifteen-sixteenths ($15/16$) inches in diameter ($7/8$ inch for bats less than 30”) at its smallest part. Wood bats taped or fitted with a sleeve may not exceed sixteen (16) inches from the small end.

NOTE 1: Bats should be a drop (-10 or less)

NOTE 2: Solid one-piece wood barrel bats do not require a USA Baseball logo.

4) Major 12U: It shall not be more than 33 inches in length; nor more than $2\frac{5}{8}$ inches in diameter, and if wood, not less than fifteen-sixteenths ($15/16$) inches in diameter ($7/8$ inch for bats less than 30”) at its smallest part. Wood bats taped or

fitted with a sleeve may not exceed sixteen (16) inches from the small end.

NOTE 1: Bats should be a drop (-10 or less)

NOTE 2: Solid one-piece wood barrel bats do not require a USA Baseball logo.

5) Junior 14U: It shall not be more than 34" inches in length; nor more than $2\frac{5}{8}$ inches in diameter, and if wood, not less than fifteen-sixteenths ($15/16$) inches in diameter ($7/8$ inch for bats less than 30") at its smallest part. Wood bats taped or fitted with a sleeve may not exceed eighteen (18) inches from the small end.

NOTE 1: Bats should be a drop (-5 or less)

NOTE 2: Solid one-piece wood barrel bats do not require a USA Baseball logo.

NOTE 3: Also, permitted for the MAJOR (50-70) Division and Junior Division are bats meeting **the BBCOR performance standard**, and so labeled with a silkscreen or other permanent certification mark. The certification mark shall be rectangular, a minimum of a half-inch on each side and located on the barrel of the bat in any contrasting color. Aluminum/alloy and composite bats shall be marked as to their material makeup being aluminum/alloy or composite. This marking shall be silkscreen or other permanent certification mark, a minimum of one-half-inch on each side, and located on the barrel of the bat in any contrasting color.

D. Bat Recommendations Chart (for reference)

| WEIGHT | HEIGHT | | | | | | | | | |
|--------------|----------|-----------|---------|---------|-----------|---------|-----------|-----------|---------|-----------|
| | 3'-3'4" | 3'5"-3'8" | 3'9"-4' | 4'-4'4" | 4'5"-4'8" | 4'9"-5' | 5'1"-5'4" | 5'5"-5'8" | 5'9"-6' | 6'1"-over |
| Under 60 Lbs | 25'7/26" | 27" | 28" | 29" | 29" | | | | | |
| 61 - 70 | 27" | 27" | 28" | 29" | 30" | 30" | | | | |
| 71 - 80 | | 28" | 28" | 29" | 30" | 30" | 31" | | | |
| 91 - 100 | | 28" | 29" | 29" | 30" | 30" | 31" | 32" | | |
| 101 - 110 | | 28" | 29" | 30" | 30" | 31" | 31" | 32" | | |
| 111 - 120 | | 29" | 29" | 30" | 30" | 31" | 31" | 32" | | |
| 121 - 130 | | 29" | 29" | 30" | 30" | 31" | 31" | 32" | | |
| 131 - 140 | | 29" | 30" | 30" | 30" | 31" | 32" | 33" | 33" | |
| 141 - 150 | | 29" | 30" | 30" | 31" | 31" | 32" | 33" | 33" | |
| 151 - 160 | | | 30" | 30" | 31" | 31" | 32" | 33" | 33" | |
| 161 - 170 | | | 30" | 31" | 31" | 32" | 32" | 33" | 33" | 33" |
| 171 - 180 | | | | 31" | 31" | 32" | 32" | 33" | 33" | 34" |
| over 180 | | | | | | 32" | 33" | 33" | 34" | 34" |

| MOST POPULAR LENGTH BY AGE | | | | | | |
|----------------------------|---------|---------|---------|---------|---------|---------|
| AGE | 5-7 | 8-9 | 10 | 11-12 | 13-14 | 15-16 |
| LENGTH | 24"-26" | 26"-28" | 28"-29" | 30"-31" | 31"-32" | 32"-33" |

1) Bat Size Guide-Help Selecting Baseball and Fastpitch Bat Size

- a. The bat size that best fits you will be one that is comfortable, easy to swing and allows you to produce the greatest bat speed and power.
- b. To obtain your optimum bat select a bat that is not too long/heavy or too short/light.
- c. A bat too short won't provide maximum power or barrel length, while a bat too long will be too difficult to handle and will also slow bat speed, reducing power.
- d. First begin with selecting a length. If possible use the previous bat you swung to help establish a length. For example if you used a 30in bat and now feel that you are ready to move on to a larger bat a 31in could be the next step.
- e. You can also use the chart above for the average bat lengths based on your height, weight and age.
- f. The chart above is just a guide as each player's strength and bat speed differ.